

**Milk Substitute Request
Participants without Disabilities**



Part I To be completed by Sponsor, Parent/Guardian or Adult Participant

Name of Participant: _____

Part II Substitution

To be completed by the Parent/Guardian, Adult Participant or one of the following recognized medical authorities: Medical Doctors (MD), Doctor of Osteopathy (DO), Physician's Assistants (PA), Registered Dietitians (RD), Nurse Practitioners (NP), Registered Nurses (RN), Naturopathic Physician (ND), and Naturopathic Doctor of Osteopathy (NDO)

<p>List food to be omitted from diet:</p> <p style="text-align: center;">_____ <u>Fluid Milk</u> _____</p> <p>_____</p> <p>List food to be substituted:</p> <p style="text-align: center;">_____ <u>Nutritionally Equivalent Milk Substitute</u> _____</p> <p>_____</p> <p>Medical or other dietary need for substitution:</p> <p>_____</p> <p>_____</p>
--

<p style="text-align: center;">_____</p> <p style="text-align: center;">Name of Parent/Guardian, Adult Participant or Recognized Medical Authority (Print Clearly)</p> <p style="text-align: center;">_____</p> <p style="text-align: center;">Signature of Parent/Guardian, Adult Participant or Recognized Medical Authority</p> <p>Date _____</p>
--

USDA and this institution are equal opportunity providers and employers.